

Transgender Suicide Prevention Resources



US: 877-565-8860

Canada: 877-330-6366

Trans Lifeline is a 501(c)3 non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

There is one death by suicide in the world every 40 seconds

FAMILY SUPPORT CAN BE THE DIFFERENCE BETWEEN LIFE & DEATH (BUT IT DOESN'T HAVE TO BE)

TRANS PEOPLE WHO HAVE ATTEMPTED SUICIDE

Family Type	Percentage
Accepting families	32%
Rejecting families	51%

If you or someone you know is trans & needs support, call: TRANS LIFELINE (877) 565-8860

November was our busiest month ever!

- 60 operators
- 2,700 calls
- We helped 975 trans people in crisis

Help us reach even more people! Translifeline.org/Help

TREVOR LIFELINE →

Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now at **866-488-7386**.

GO TO TREVOR LIFELINE →



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TREVOCHAT ↓

TrevorChat is a free, confidential and secure instant messaging service that provides live help to LGBTQ youth.

TREVORTEXT ↓

TrevorText is a confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages.

TREVORSPACE ↓

TrevorSpace is a social networking site for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth ages 13 through 24 and their friends and allies.

TREVOR SUPPORT CENTER ↓

Trevor Support Center is a place where LGBTQ youth and allies can find answers to FAQs and explore resources related to sexual orientation, gender identity and more!