

# TAPESTRY

A Magazine for All Peoples UU

December 2023



*"Cornfield in Winter" by Ann Adamek*

## Editor's Note

**T**hanks to Ann Adamek for her contribution of the cover art for our December edition of the *Tapestry*. Her water color painting, *Cornfield in Winter*, perfectly illustrates the theme of this issue: that winter in Kentucky is not just a time of dormancy to be endured

until spring returns. Rather, it is a special season with wonders and delights all its own, both indoors and out. We also send our deep appreciation to Betsy and Steve Reeves, Valerie Timmons, Diana Fulner, Neisja Yenawine, and Bob Dorzback for their artistic images that grace the following pages.

Describing her creative process, Ann says, "I have always been intrigued by different textures playing against one another, and the soft snow and sharp stalks of the harvested corn were especially appealing to me. While I was painting this some years ago, I had the most amazing experience. I felt as if I had become part of the foreground snowbank, very briefly, but it was profound! I would love to have that experience again, but doubt if I ever will . . . Once was enough!"

Such is the miraculous nature of this season. When the trappings of summer foliage are stripped away and the sun's flame is tempered to a yellow glow behind the clouds, our landscapes speak to us in new and fundamental ways. We hope you get a chance to bundle up, go out, and find your own magical snowbank in the coming weeks. If nothing else, plunging headlong into winter makes springtime all the more amazing when it comes around again.



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# Together on the Journey

by Rev. Bruce Beisner  
Minister, All Peoples UU Congregation



**I**n the play “Steel Magnolias” the character of Truvy tells her friend at a funeral, “Laughter through tears is my favorite emotion.” As we move into the holiday season, I invite you to honor this time of year for what it truly is, a celebration of the rebirth of life and light and spirit within us and within our world. Life and light and spirit are complicated things and that’s what makes them so precious.

One of my favorite readings about Christmas is from a book by Rev. Bruce Marshall. Marshall says that the best Christmas we can have is a “complicated Christmas.” He reminds us that this time of year is about more than just “the simple joys and warm nostalgia that we feel obligated to strive for” and he suggests we ought to try to make room for all the memories, gifts and stories that come to us.

My memories of this time of year involve my family around the tree on Christmas morning surrounded by mounds of wrapping paper when I was a kid. I also member the dark and icy December 24 when a member of a church I served in Ohio was killed in a car accident. For me, the gift-giving of this time of year can be an opportunity to express my appreciation for those around me but it can also easily become a pressure-filled celebration of excess and waste. All the parties and busy-ness are wonderful yet exhausting. And the stories of this season offer promise and hope, yet they can also feel theologically exclusive and remind me of the lack of religious diversity which surrounds me.

Marshall’s words remind me that embracing the beautiful and the tragic memories that are part of this season, exploring the blessings of giving and receiving by doing them with an open heart, and making space for rest and reflection are perhaps the best way to celebrate. He writes, “It is into this world of complicated memories and feelings that the story tells us that a star appeared to draw us forward with promises of peace and goodwill. May its light offer us a glimpse of the path that lies ahead and a message of truth and hope that we yearn to hear.”

May this season for you be filled with laughter through tears and hope amid challenge. And may our celebrations and services at church remind you that you are a gift and that hope and love come alive when we share life together. After all, that’s what Christmas is all about.

Blessings!

*Bruce*





## New Member Focus

by Janet Taylor

**P**ati and Farley Wollert are Louisville natives. Farley went to Ballard High School and attended Beargrass Christian Church as a kid, where his mom was the assistant music director. Pati went to Oldham County High School and grew up in an “Easter and Christmas Eve only” church-going family.

Both attended the University of Kentucky for their Bachelor’s degrees, and Pati attended Spalding University for her Master’s

degree. Farley is an Operations Specialist for a subsidiary of Churchill Downs while Pati is an Assistant Principal at North Oldham High School. They have three children, Cate (21), Sam (18) and Finn (10) as well as a house full of cats and dogs. They currently live in Goshen, KY.



### *A Message from Dawn Moretz*

*(Dawn was an All Peoples member for several years before she relocated to Baltimore, MD.)*

"There has been a lot to learn about my new job and the pace is quite different from what I have been used to, so it's been challenging. However, when I am in my stride, it seems to go quite smoothly. It has felt rewarding to help educators tackle issues in meaningful ways.

I have definitely taken advantage of the beauty of Maryland in autumn, having discovered and hiked several local nature trails. I have also enjoyed attending a variety of live performances at different venues in the “DMV” (District of Columbia-Maryland-Virginia).

My landlady is kind and considerate and we get along well as upstairs/downstairs neighbors.

What I haven't yet done (yet) is try out the different UU churches in the area...wanting to do that when I know I will be in town several weeks in a row, so may have to wait until the new year. Until then, I am pleased to join All People's by Zoom.

# The Best of Humanism, edited by Roger E. Greeley

Prometheus Books, 1998

Book Review by Bob Schulz

## "Bookmarks"

Book reviews by our  
congregants

(Bob's review was submitted in response to our fall survey on "The Book that Changed my Life.")

**T**his is a book of statements, some of which are brief and others over a page. Reverend Roger Greeley assembled the wisdom of over twenty philosophers, scientists, literary figures, and journalists to offer a complete picture of humanism for the reader.

Just as some Christians refer to the Bible to remind them of things or to clarify ideas, I have used Greeley's book to direct my thoughts. However, while the Bible depends upon quite unknown authors, the Greeley book credits authors whose names are historical: Camus, Darwin, Einstein, Freud, Russell, and Mill, to name a few.

"Rog" was ordained as a Unitarian minister in 1957 and served Peoples Church in Kalamazoo Michigan over a period of 25 years. He served on local boards of Planned Parenthood, the ACLU, and NAACP.

I knew "Rog" until his move to North Michigan about ten years after our being friends for nearly fifty years. His death in 2021 was a heavy blow to all who knew and loved him. His personal hero was Robert Green Ingersoll, the Great Agnostic, and "Rog" drew inspiration from his works.



*"A fact never went into partnership with a miracle. Truth scorns the assistance of wonders. A fact will fit every other fact in the universe, and that is how you can tell whether it is or is not a fact. A lie will not fit anything except another lie."*

*--Robert Green Ingersoll*

*from The works of Robert G. Ingersoll, Vol. II, p.59*

# The Road to Mecca

## Autobiography of Muhammad Asad

*Simon and Schuster, 1954; reprinted Fons Vitae, 2005*

### Book Review by Dennis Neyman

**M**ohammad Asad, (b. 1900 died 1992), was an Austro-Hungarian-born Jew and convert to Islam. He worked as a journalist, traveler, writer, linguist, political theorist, and diplomat. "His translation of the Quran in English , The Message of the Qur'an (1980) is one of the most notable of his works" (Wikipedia).

Asad's autobiography is as captivating as the stories of Lawrence of Arabia and to some extent, for my generation, On The Road, by Jack Kerouac. Though set in different times and cultures, all three stories draw the reader into the lives of notable individuals and reveal aspects of the cultures that influenced them.

I think Asad's search for truth (for him) and his spiritual journey is an example of the UU principle "A free and responsible search for truth and meaning."

Assad observed, "A quiet academic career did not attract me. I felt a yearning to come into more intimate grips with life, to enter it without any of those carefully contrived, artificial defenses which security-minded people love to build up around themselves; I wanted to find by myself an approach to the spiritual order of things which, I knew, must exist but which I could not yet discern." (page 57 The Road to Mecca, 1954).

From other reviews:

"An extraordinary spiritual autobiography. It combines the adventure and scenic beauty of a good travel book, some unusually informed comment on Near Eastern affairs, and a deeply thoughtful account of one man's finding his own path" (Book of the Month Club, New York).

"This book is one which has burst with strange and compelling authority upon the small fraternity of Westerners who know Arabia... book trenchant with adventure magnificently described, and a commentary upon the inner meaning of Arab and Moslem life, helpful to all who would achieve a more accurate understanding of the Arabs and their lands" (Christian Science Monitor).

An observation by Asad illuminates the intergenerational tragedy of the ongoing conflict in Gaza and Israel today. "How was it possible, I wondered, for the people endowed with so much creative intelligence as the Jews to think of the Zionist-Arab conflict in Jewish terms alone? Did they not realize that the problem of the Jews in Palestine could, in the long run, be solved only through friendly cooperation with the Arabs?" (p. 96, The Road to Mecca, 1954).

On his affection for Arabs, Assad quotes a Dutch minister at Jedda, "I believe no sensitive person can ever remain immune to the enchantment of Arab life, or pull it out of his heart after living among Arabs for time" (p 137, The Road to Mecca, 1954).



# Nature in Our Neighborhood

*text and photos by  
Rob Kingsolver*

## American Beech: The Eastern Forest's Heir Apparent

**T**he life of a forest tree is a race against time. First, it's a race for the seed lying on the forest floor to sprout and attach itself to the ground before some forest creature picks it up as a snack. Then it's a race to push roots deep enough into the soil to withstand the first withering summer drought. Then it's a race to grow tall and thick enough to escape the teeth of browsing deer and gnawing rabbits. Finally, it's a race against all the other saplings in the neighborhood to reach up toward the sunlight before the forest canopy closes in and shades out all the smaller trees in the understory. For every tree seedling that reaches adulthood, hundreds of thousands are eaten, dehydrated, or starved of life-sustaining sunshine before gaining a foothold in the forest environment.

In this great race for survival, the American Beech is a marathon runner, not a sprinter. It grows more slowly than most other temperate forest trees, but has the advantage of incredible resilience. Deer and other herbivores do not favor its leaves, and it can keep growing gradually upward, even in shade deep enough to kill rival species. As its competitors fall by the wayside, one by one, the young beech keeps growing, inch by inch.

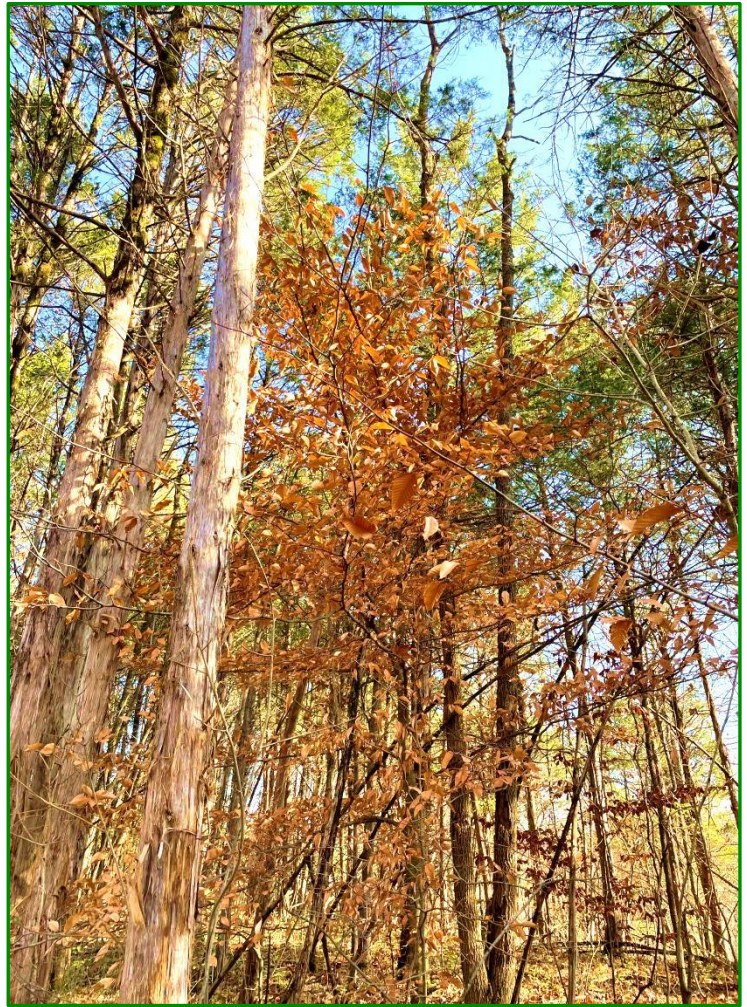
Due to a life span that can reach 400 years, the beech tree ultimately inherits the ground on which its seed was cast. Pines, oaks, hickories, and poplars come and go over centuries of time, but the beech is the last tree standing. Ecologists call American Beech a climax species, because here in the Eastern United States, beech forests are the end point of biological change in a developing woods. If the American Beech had a motto, it might choose a line from Aesop's fable of the Tortoise and the Hare: "Slow and steady wins the race."



As much as I admire all our native tree species, I have to admit I like beech trees the best. In summer, their lofty umbrella of leafy branches gives us the coolest shade. In winter, they hold on to their amber-colored leaves, lending a warm glow to an otherwise black and white landscape. Beechnuts provide essential food for wild turkeys and many other forest animals, and their soaring crowns provide refuge for birds and insects inhabiting the forest canopy far above our heads.



*In winter, a beech tree (*Fagus grandifolia*) can be identified by its persistent bronze leaves and its long, pointed buds.*



*A young beech tree thrives under the shade of older red cedars. The deep shade excludes other tree species that might otherwise compete with the beech. After the old cedars live out their lifespans, this part of the Louisville Parklands will become a beech forest.*

Out of respect for this noble tree, I have one favor to ask. If you should come across a beech tree while strolling through the woods with your beloved, please resist the temptation to carve your initials, along with your declarations of undying love, into its smooth gray bark. The tree never recovers from these human-inflicted scars. Thoughtless carvings persist on a beech's skin for decades after the whittling lovers have burned through their passions and gone their separate ways. What's more, cutting through the bark can cause a harmful infection in the tree, just as cuts on human skin can cause problems for you or me. Even if the tree is not fatally injured, the graffiti you carve into this beautiful being is as unwelcome as a stranger's random tattoo would be upon your own forehead. Please express your devotion in some other way, and leave this magnificent tree as it was created, to grace our lives with beauty as it rules the forest!





# Winter Wonders



*Valerie Timmons shares these photos of white-tailed deer, encountered in her yard in Crestwood.*



*Bob Dorzback captured this winter landscape of cabin and split rail fence.*



*Bob Dorzback followed these tracks in the snow.*

*Tree buds exhibit patience and tranquility as they slumber through the winter months.*

*--photos by Bob Dorzback.*

*Announced by all the trumpets of the sky,  
Arrives the snow, and, driving o'er the fields,  
Seems nowhere to alight: the whited air  
Hides hills and woods, the river, and the heaven,  
And veils the farm-house at the garden's end.*

*The sled and traveler stopped, the courier's feet  
Delayed, all friends shut out, the housemates sit  
Around the radiant fireplace, enclosed  
In a tumultuous privacy of storm.*

*-- from "The Snowstorm" by Robert Frost*

# Winter Joys

Essay by Jan Nelson

**F**or me, winter has so much to offer. I embrace the season and all the joys it brings.

I love winter for many reasons. I can dig into my closet and pull out all those warm flannel shirts, sweaters, sweatshirts, hats, and boots. A warm cozy fireplace, and my wife sitting by my side tops off the coldest of evenings. I really can't say I have "favorite" winter activities, because there are so many things I enjoy. However, I do enjoy reading one of my "themed" books, sipping on a cup of hot tea, and feeling that glowing fire. It's just relaxing! I will also venture outdoors for a walk around the neighborhood, or at a local park.

SNOW!!! I love taking a drive through the park and seeing all the beauty around me! There is something calming, about the quietness and stillness in the air of a gentle snowfall.

EXERCISE! I spend a little more time at the gym during these winter days working out. Keeping fit and eating healthy through the winter is very important for me, as I await the arrival of a new season.

WRITING! I have recently decided to revisit creative writing, and possibly taking a class to improve my skills through the winter months.

So, as the winter months approach, I look forward to each day, and who knows, I may learn something new and exciting along the way. I hope others find some "winter joys" in their lives as well.



## Changing

by Joan Miller

I walked at the curb  
And scuffed and crunched through the leaves  
And felt like howling

I love the crackle.  
The wind blew them all away  
With one great big puff

And I walked alone  
When night came an hour early  
All the trees were bare.

There are four seasons  
Lots of ways to exercise:  
Seed, mow, rake, shovel

When a season's here  
It becomes my favorite  
It's changing that's hard.

## ALL PEOPLES PEOPLE

### Brenda Hart

*interview and photo  
by Paula Kingsolver*

**L**ong time All Peoples member Brenda Hart comes from a family of educators and athletic boosters, and has carried those traditions on to her children and grandchildren. Born in Williamstown, Massachusetts, in the Berkshire Mountains, Brenda also grew up with a love of the outdoors and outdoor activities. She has combined all of her interests to live a life rich in family, community, meaningful work, and service.



Brenda grew up in Washington DC, while spending summers at her family’s property in western Massachusetts. Her father, who taught at Howard University, was a coach – “track and field, basketball, and just about everything,” says Brenda. Her father was also born in Massachusetts and earned his doctorate at NYU [New York University] in Education. His dissertation proposed the value of racially integrated residential camps, and he decided to establish such a camp for boys ages 6-18, at the family property in the Berkshires. “So that’s what we would do every summer, we would pack up, leave from DC and drive up to Williamstown. A lot of the young men at the camp came from DC, a few from Atlanta, some of them from Massachusetts. I’m the oldest of three, with a sister in the middle and a brother who’s the youngest. My sister and I just loved being in Williamstown, because it was an all boy’s camp! We would ride horses, go hiking, swimming, and just everything outdoors. It was great.”

Brenda’s mother also had a degree in Education and was a teacher who stayed home while raising the children. The family moved to Indianapolis when Brenda was finishing her junior year of high school. She took senior English in DC in order to complete her high school education there. Brenda was just 16 when she moved with her family to Indianapolis, so she enrolled at Butler University as a commuter. After a year, Brenda transferred to Boston University to complete her undergraduate degree in French.

Back home for Christmas during her senior year of college, Brenda met her future husband at a New Year’s Eve party. “My sister set me up with a blind date, but I ended up leaving the blind date guy and meeting up with the guy I ultimately married about six months later - Bill McAnulty. He was from Indianapolis and went to IU [Indiana University], so we had this crazy romance, six months of writing letters back and forth and phone calls, and we got married in August, when I was finishing school.

Looking back on it, I was barely 21, and what was I thinking? But you know how things go. We moved to Louisville so Bill could earn a MAT – Master of Arts in Teaching, and I got a job at U of L [University of Louisville]. He went to law school [later becoming the first African American justice on the Kentucky Supreme Court] and I went to grad school myself. And we just never left. We had planned to stay for just one year; you never know how things are going to play out.” Brenda earned her Master’s Degree in College Student Personnel - Counseling and went on to direct the Office of Academic Advising and the Office of Student Affairs at U of L’s Speed School of Engineering. Her illustrious career includes promotion to a full professorship, as well as the establishment of The B.G. Hart Endowment for Diversity Initiatives in her honor.

Brenda was married for 22 years and had two children, both of whom went to high school at Ballard and went on to careers in athletics and education. Patrick, the eldest, married at 45 for the first time and will be married three years in December; his wife, Sally, is an elementary school teacher. “He went to Amherst in Massachusetts and was a history major. I thought he would go to law school like his dad, but I think he had been around so many lawyers who at that time were sort of burned out and didn’t like it. He wasn’t sure he wanted to do that, and I said, ‘If you don’t want to go to law school, don’t do it! Because you won’t get through; so find a passion.’” Pat took his mom’s advice and parlayed his love of athletics into a coaching career – he is the head coach of girl’s lacrosse and assistant head coach for field hockey at KCD [Kentucky Country Day]. “He has won state in lacrosse eight times. He also set up his own business for coaching, and he coaches girls from all over the local region.”

Brenda’s daughter Kate, who is 4 ½ years younger, played field hockey at Wittenberg University in Springfield, Ohio. She returned to Louisville after graduation, worked at the

University of Louisville in Admissions, got her Master’s and Ph.D. in higher education, and also met her future husband Fashaad (who was completing his advanced degrees). The couple worked at Kent State for a few years, “but the weather up there – the lake effect snow and the winters, it was like, *Oh no, can’t do that!*” Kate moved to Cal Tech [California Institute of Technology in Pasadena] for several years, and loved it, but Fashaad found a position at North Carolina State, necessitating four years of long distance marriage. In order for the family to be together, Kate moved to UNC [University of North Carolina in Chapel Hill], where she is now the Senior Associate Dean for Student Affairs, working with graduate students. Her husband is Vice Provost for Assessment and Accreditation at NC State [North Carolina State University in Raleigh]; they live in Durham, NC.

Brenda enjoys time with both children and delights in her grandchildren. Her daughter has two boys, ages 3 and 5, while her son has two step-daughters, ages 15 and 17. “So I have these bonus granddaughters who are teenagers, and I’ve got these little ones!”

*I was at the engineering school for forty years. When I first started there were so few women and so few African American students, I knew them all.*

Brenda had a long and fulfilling career at the Speed School of Engineering, from which she retired several years ago. “I was not an engineer; I was in Student Services at the school. I did counseling, academic advising, as well as recruiting. One of the things I was responsible for was to help recruit and get more underrepresented students into engineering. I was at the engineering school for forty years. When I first started there were so few women and so few African American students, I knew them all. Since I was there so long, I had many cases of my former students whose kids then came to the Speed School. So I had a couple of

generations. *Wow, I've really been here a long time, when my former students have their kids come through!* But I just really enjoyed it. I was always interested in athletics, so I was actually on the Athletic Board for a number of years – a big supporter of U of L men's basketball, and now women's basketball. I'm a booster for them." And Brenda reports that her grandsons are already big U of L fans!

Brenda grew up Presbyterian and always sang in the choir, including when she attended Springdale Presbyterian Church in Louisville for many years. She had friends who came to All Peoples, and sometimes visited services in the summer. "I had gone to a few Unitarian services when I grew up in DC, so I was familiar with Unitarian Universalism. I joined here many years ago, probably in the early 2000's, and am still active in the choir and other things."

*What led Brenda to move from a lifetime of Presbyterian practice to Unitarian Universalism at All Peoples? "One was the music, and second is the liberal aspects of the religion."*

What led Brenda to move from a lifetime of Presbyterian practice to Unitarian Universalism at All Peoples? "One was the music, and second is the liberal aspects of the religion. I always sort of questioned some of the dogma of the Presbyterian church and just Christianity in general, so I like the more liberal outlook, as well as the community service. That's what drew me and that's why I'm still here. That's what keeps me here."

Brenda enjoys travel, both internationally and to be with her family here in the U.S. "We still have the property in Massachusetts. Now that I'm retired, I spend extended time there in the summers along with family. It's beautiful up there in the Berkshires. Actually, my great grandmother and her son-in-law (my grandfather) had bought the property way back when, and my family had rental property. My aunt was the first African American to teach in

Berkshire county. I had aunts and uncles and cousins up there. My siblings and I ended up inheriting the property when my grandmother and aunt passed, so we kept it and now we rent it out. Williams College is there, so we rent it during graduations, and alumni weekends, and things like that. There's a farmhouse and a cottage; I like to stay at the cottage on the hill.

We've got a property manager, and we post it for rental online. My daughter handles Airbnb and I handle VRBO, and we've never yet double booked, which is amazing, because sometimes we've come close!"

As for overseas travel, "This summer I overdid it, because I went to France three weeks after I got back from Massachusetts, and I went to Greece after that. Two international trips in a row is a lot." While traveling in France, Brenda reports she could use her college French only *un peu*. "Years ago I did Habitat for Humanity in Guatemala, and Spanish was easier."

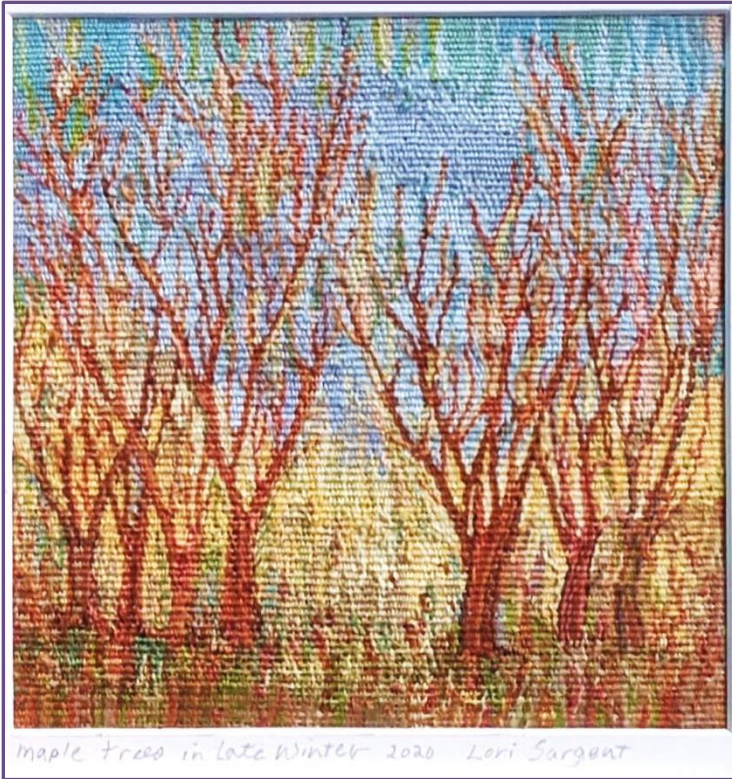
Brenda's current community involvement includes serving on the Board of Directors for the Lincoln Foundation, which provides enrichment programs for youth from eighth grade up through high school to help get students into college and help them graduate [<https://lincolnfdn.org>]. She also serves on the Board of Directors for the U of L Retiree's Association for Retired Personnel [ULARP].

As for her involvement with All Peoples, "Choir is my big thing now, and I really like the Connections groups – I'm in one of those, and I'm in a Chalice Circle also." And the Book Club, even though I miss it sometimes because of the women's basketball games! Brenda also sponsored one of the Kenyan youth through the KEAP program [Kenyan Education and AIDS Project].

Remaining active and involved in her retirement years, Brenda is a wonderful example of how to live beautifully throughout the lifespan, and is a great asset to All Peoples.



# The Creative Spirit



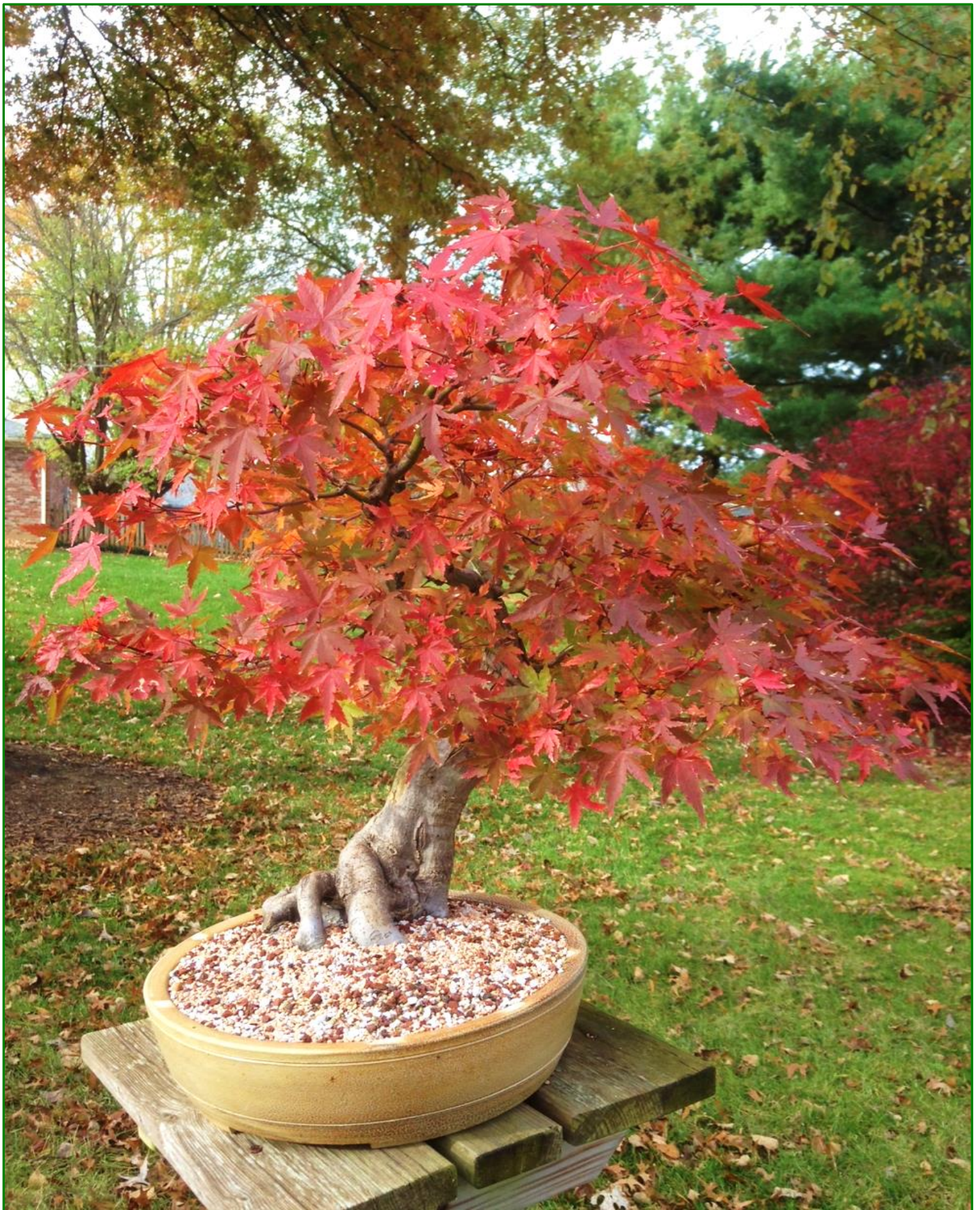
Lori G. Sargent's "Maple Trees in Late Winter," from her 2020 landscape series, is a tapestry weaving using single embroidery threads, 4 1/2" x 4 1/2".

As commentary on the piece, Lori provides a favorite quotation from Ralph Waldo Emerson: "Adopt the pace of Nature; her secret is patience."



"Knitted Bench." Photo taken by Lori Sargent in the Glasgow Botanic Gardens in 2023.

Lori says, "The wooden bench was completely covered with strips of knitting, an installation by a local guild. I laughed at the thought of sitting on this bench in Glasgow's rainy and snowy winter conditions. But think of these delightful colors surrounded by snow!"



*Betsy Reeves sends us two art forms in one photo. Betsy says Steve Reeves has grown and shaped this Bonsai maple tree for 30 years. The pot it is growing in is also Steve's creation.*





Diana Fulner writes, "The person in the photo is my father, Dick Norton. This was taken at Hocking Hills State Park in Ohio, not sure of the year. My father discovered the park hosts a "little walk in the woods," the third Saturday in January. In the woods. Held every year. No matter what the weather. Oh, and the "little walk"

was 6 miles long. My mother loved this state park. And my father loved remembering his wife by walking in these woods with Chuck and me."



Neisja Yenowine comments on her piece incorporating ginkgo leaves: "I grew up with a large ginkgo tree in my front yard. The leaf's arched shape and detailed fine lines were a foundational source of inspiration for my budding aesthetic. I loved & continue to love their unique golden color and how all the leaves fall off in unison when the temperatures drop below freezing. The ginkgo has even woven its way into my family lore, as both my children have a ginkgo tattoo that I drew for them on their arm, and to them, it represents their connection to me. It's my most beloved subject and a deep part of my identity as an artist and a mother."



# Heard from the Pulpit

Quotations from sermons and talks recently delivered at All Peoples.

## On Racial Understanding

"The problem isn't simply racism. The problem is ignorance. It's ignorance on the part of white people who remain trapped in a bubble of inherited misinformation, and ignorance on the part of Black people who believe that white people should somehow magically know what they have never been taught. If we are ever to move toward authentic racial harmony, we must all risk vulnerability. White people must take the risk to be curious, and Black people must risk answering curiosity with objective, factual information while holding separate space for our righteous anger. And we all must risk learning how to do this together."

*Dr. Teresa Reed, Dean, U. of Louisville School of Music  
from "You're Likely not a Racist" Sept. 17, 2023*

## On Artists as Interpreters

"Almost all faiths have elements of beauty and elements of ugliness, because they are of humanity. I say God is God. Faith is faith. Religion is only a language. . . God created artists to sing of things that can't be spoken.

*Guy Tedesco, Louisville area artist  
from "Creativity and Spirituality," Oct. 15, 2023*

## On Feeling the Spirit

"We need to be tranquil at times; to stop rushing around long enough to hear that still, small voice within. But I also believe that what is holy is more than just a whispered presence; more than just a calm and soothing voice that we can only hear in silent prayer. What's sacred is also present in our spontaneous and uproarious laughter, in our shouts of joy, in our screams of pain, in all the loudness and madness of life as well. Just as the spirit is found in the constant beating of our hearts, it may also be happening in the driving music of the dance floor. For some of us, at least at times, that mystery that some call "God" is most near and most real in that sense of jubilation and ecstasy that comes over us when some rhythm takes hold, and our bodies can't help but move--where we encounter the incredible beauty of life and just have to dance."

*Rev. Bruce Beisner, All Peoples UU Minister  
from "Believing in a God Who can Dance," Nov. 12, 2023*

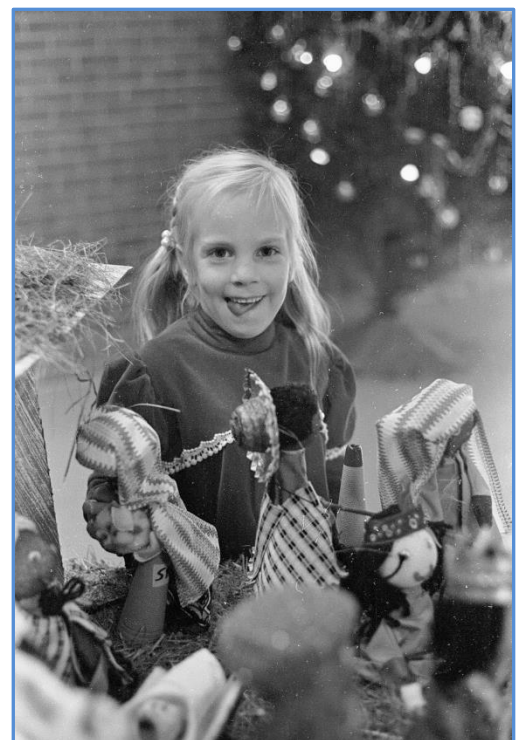


# Looking Back

*Reflecting on our Church History*

*photos by Bob Dorzback*

**P**romising young photographer Bob Dorzback took these photos of our church (then Thomas Jefferson Unitarian) Christmas party in 1971. Bob identifies a few of the people who were there. If you recognize other faces in these historic photographs, please let us know, and we will identify their images in our church archives.



*Stan Maur reads a Christmas story (top left).  
Margaret Dorzback plays an elf (top right).  
Puppeteers put on a Christmas Show (bottom left).  
A happy celebrant (bottom right). Photos by Bob Dorzback.  
Ann Dorzback led the RE program in 1971 and taught the children how to make puppets from recycled materials.*



*Music has always been an important part of our church life. Bob Dorzback took this picture of a Christmas music performance in 1971. He identifies the maracas player as Elizabeth Dorzback.*



## *Tips for "Keeping Spirits Bright" this Winter*

- Stay active! Though "hibernation mode" may be tempting, inactivity tends to depress our moods and reduce our overall health.
- Limited sunlight can affect brain chemistry and negatively affect our outlook in the winter. To maintain a more positive state of mind, get outside when you can, especially when the sun is shining. Otherwise, light therapy using specially designed full-spectrum indoor lighting is helpful to some people.
- Spending time with friends and family is especially important at this time of year.
- Our bodies need sunlight to manufacture vitamin D, so dark winter days can leave us deficient in this essential nutrient. A solution is dietary sources of vitamin D such as D-enriched milk, egg yolk, and fish. Vegans can substitute fortified cereals and fortified soy milk.
- Seek medical assistance if winter depression becomes debilitating.

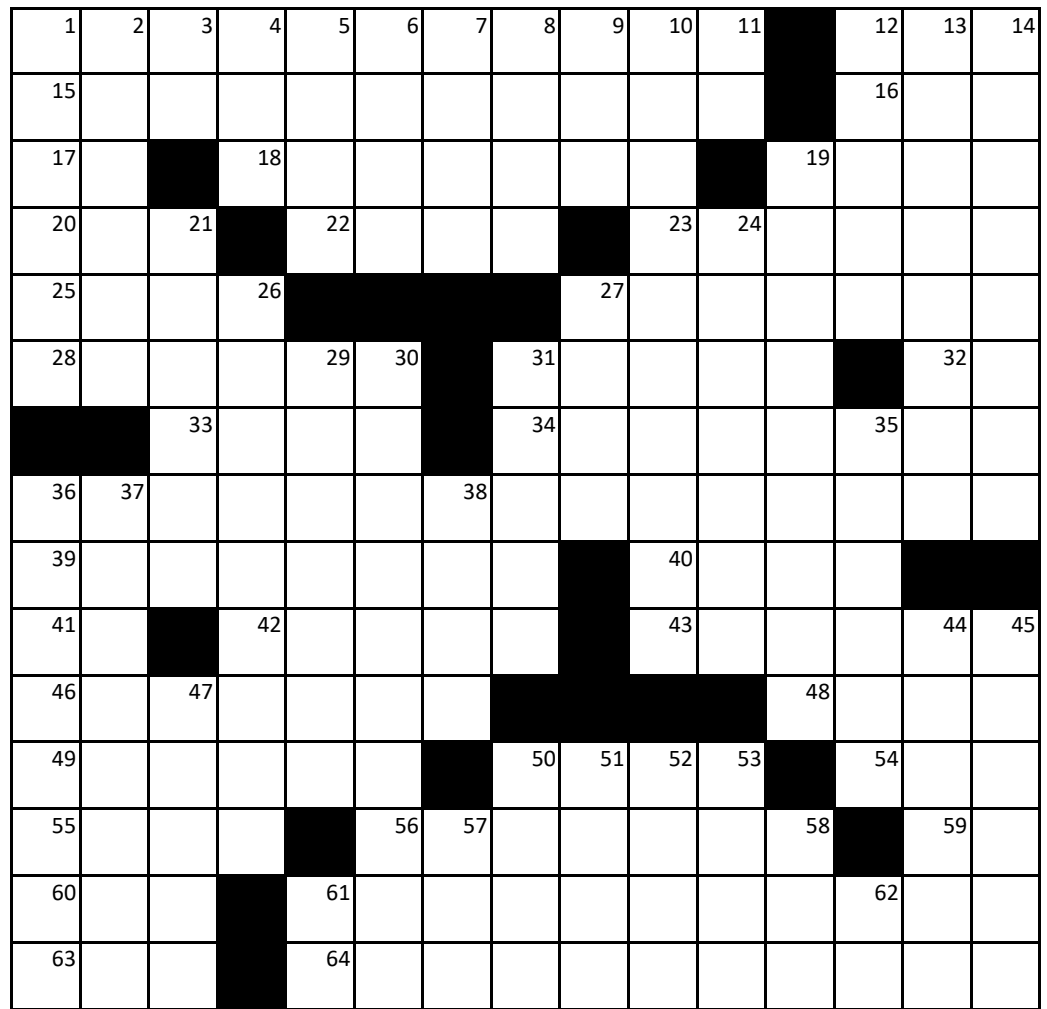
*(from the National Health Service of Great Britain and US NIH, News in Health, 1/2013)*

# PEOPLES PUZZLE

"Into the Woods"  
by Rob Kingsolver

## ACROSS

1. Dieters say "no \_\_\_" (3 wds)
12. Historically Black church (abbr)
15. Nickname
16. Hawaiian word for fruit
17. Iron, to a chemist
18. Writer who lived in the woods
19. Gap between mountains
20. Daughter of Jimmy and Rosalynn
22. Wild African goat
23. Electrician's nickname?
25. Actor \_\_\_ Julia
27. Legume fruit (2 wds)
28. "Just \_\_\_" (2 wds)
31. "\_\_\_\_\_ got a clue"
32. WI city Fond \_\_ Lac
33. Former U of L basketball coach
34. Reply to "was it you?" (3 wds)
36. Ky. tree with ragged trunk
39. Where to see Half Dome
40. "Six," in Madrid
41. Cornhusker state (abbr)
42. Competitor on the track
43. US writer Bret, and family
46. Tummy trouble
48. Snare
49. Deflating sound
50. He gave George sitar lessons
54. Tree plagued by green beetles
55. Messenian prince of Gr. myth
56. Making less clean
59. Suffix with honor or employ
60. Gross minus expenses
61. Tannenbaum (2 wds)
63. Heating option
64. Ponderosa, eg. (2 wds)



## DOWN

1. Outdoor adventure
2. Sasquatch or Bigfoot
3. Risen
4. Paris time zone (abbr)
5. K-12 grades (abbr)
6. Untidy person
7. Taxi driver's due
8. Open Text Corp., on Wall St.
9. River inlet
10. It's probably cheese. (2 wds)
11. Prefix with code or grave
12. What King David played (2 wds)
13. Perfume ingredient (2 wds)
14. Simple task
19. Hybrid clothing article
21. New Mexico state flowers
24. Cure-all
26. Epic failure? (2 wds)
27. Ablution
29. Sends in
30. Buried in spam?
31. Knapsack bearer
35. Cosa \_\_\_\_\_
36. Lip- \_\_\_\_\_
37. Wanderer's thought? (2 wds)
38. GPS options (abbr)
44. How to enter a hot tub (2 wds)
45. Orb
47. Pre-law students' exams (abbr)
50. Uprising
51. French mountain
52. Contestant
53. "\_\_\_ instant" (2 wds)
57. Hospital rooms (abbr)
58. Economic metric (abbr)
61. Right-left, on a map (abbr)
62. "Wi- \_\_\_" connection

# ACROSTIC PUZZLE

by Rob Kingsolver

Follow the clues and fill in the blanks to complete each word. Then copy letters into the matching numbered squares to complete a quotation from a well-known UU author. The first letters of each of the words, read from top to bottom, spell out the author's name and topic.

1 V	2 A		3 H	4 C	5 P		6 F	7 N	8 Y	9 E	10 E	11 T	12 A	13 E	14 T		15 K
16 L	17 J		18 N	19 U	20 V	21 W		22 H	23 D	24 I	25 C	26 K	27 Y		28 U	29 N	
30 L	31 W	32 R		33 G	34 S	35 Y	36 B		37 P	38 Q	39 W		40 V	41 I	42 L		43 O
44 M	45 K		46 D	47 Q	48 A	49 K	50 F	51 Z		52 H	53 I	54 S		55 H	56 I		57 P
58 K	59 V		60 X	61 E	62 S	63 R		64 B	65 N	66 M	67 E	68 X		69 S	70 M		71 U
72 V	73 P	74 Q	75 C	76 G	77 C		78 N	79 U	80 G	81 F	82 E		83 T	84 L	85 H	86 J	
87 V		88 D	89 I	90 O	91 B	92 W	93 L	94 L		95 A	96 X	97 D	98 Q	99 Y		100 Z	101 X
102 R		103 M	104 J	105 V	106 Z	107 T		108 K	109 O	110 Y	111 N		112 N	113 Y	114 J	115 H	116 A
117 U		118 R	119 A	120 G		121 F	122 D	123 K	124 D	125 O		126 K	127 E	128 T	129 R	130 Y	
131 H	132 I	133 R	134 F	135 V		136 A	137 I		138 P	139 E	140 B	141 Q		142 B	143 P	144 C	145 P
146 H																	

A. Civil rights symbol

116 48 12 119 136 2 95

B. Following

142 64 91 140 36

C. Fido's restraint

75 25 144 77 4

D. Afraid

88 122 23 46 97 124

E. Blissful

127 9 61 13 139 10 67 82

F. 60% of your body

121 6 50 134 81

G. Whirlpool

80 120 76 33

H. Hood, for example

22 115 85 131 3 52 55 146

I. Illustrious

132 24 89 56 137 53 41

J. Ship's hazard

86 104 17 114

K. Plant requirement

108 49 26 126 58 123 45 15

L. An edible bivalve

84 16 42 30 94 93

M. Terrestrial salamander

103 66 44 70

N. Perquisite

112 18 111 78 29 65 7

O. Reverberation

109 90 125 43

P. Most lofty

73 145 143 37 5 138 57

Q. Salty expanse

74 98 47 38 141

R. Bids adieu

129 32 118 133 63 102

S. \_\_\_\_-god

54 34 62 69

T. Third planet

14 128 107 11 83

U. Over

19 71 28 79 117

V. Ingenious

20 135 72 87 1 40 105 59

W. \_\_\_\_-puppy

21 92 39 31

X. Salt addition

68 101 60 96

Y. Sporty one

35 8 99 130 110 27 113

Z. An evergreen

51 106 100

# September Puuzzle Answers

## Crossword

B	R	A	N	D	I	E	D		I	N	D	I	R	A	
E	U	R	O	A	M	I	E		S	O	O	N	A	S	
H	E	A	R	T	O	F	D	A	R	K	N	E	S	S	
I	A		M	A	K	E	U	P		I	Q	U	I	T	
N	N	W			A	L		M	E	N	U				
D	E	E	J	A	Y			C	A	R	D	I	N	A	L
	M	E	O	W		M	A	T	S		X	A	B	A	
T	O	T	H	E	L	I	G	H	T	H	O	U	S	E	
A	N	O	N		O	N	E	S		U	T	S	E		
B	E	E	H	I	V	E	S		B	R	E	E	N	Y	
			E	N	E	R		I	E			A	T	E	
S	T	A	R	T		V	A	S	S	A	R		H	A	
T	H	E	S	U	N	A	L	S	O	R	I	S	E	S	
E	U	G	E	N	E		A	U	T	O	P	A	R	T	
P	R	A	Y	E	D		R	E	S	I	D	U	E	S	

## Acrostic

"The unhealthy gap between what we preach in America and what we often practice creates a moral dry rot that eats at the very foundation of our democratic ideals and values."

--Whitney M. Young,  
American Ideal



Cape Cod Beach in late fall-- photo image by Rob Kingsolver

## In our next issue:

Louisville is a special city, with a long and interesting history, dynamic culture, and distinctive neighborhoods. Many Louisvillians who grow up here go off to school and travel far and wide, only to return to their home town when it is time to put down roots. What do you like about living in the city that developed around the Falls of the Ohio? Do you know stories about Louisville's past or news about its current direction? We want to hear what you like about our city, and what you hope for its future. Photos, anecdotes, artwork, poetry, recipes, and songs are always welcome contributions to the Tapestry. Please share your thoughts before we go to press on March 1.



Photo by Rob Kingsolver

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**Tapestry's mission** is to celebrate All Peoples congregational life through personal reflections, stories, poetry, music, visual arts, and a healthy measure of fun.

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